

# NorthShore SPORTSPLEX

NORTHSHORE



VOLLEYBALL

BASKETBALL

NORTHSHORE



TRAINING

CENTER

Karl Frank's

**SPEED**  **LOGY**<sup>®</sup>

The Science of Speed and Performance

WWW.SPEEDOLOGY.COM

## SUMMER PROGRAMS

- *WEEKLY ALL SPORT CAMPS (before and after care)*
  - *3 BASKETBALL CAMPS*
  - *2 VOLLEYBALL CAMPS*
- *BASKETBALL AND VOLLEYBALL POSITION SPECIFIC CAMPS*
  - *TEAM AND INDIVIDUAL TRAINING*
- *3 ON 3 BASKETBALL AND VOLLEYBALL TOURNAMENTS*
  - *ELITE PLAYER SKILL AND TRAINING CLASSES*

15, 000 Sq. ft. indoor air conditioned facility is geared and equipped to train the player before he or she plays. Our coaches are High School/College coaches or better and qualified to teach and train your child to a higher level of play.

From 6-18 we have what your looking for.

**WE TRAIN BEFORE WE PLAY.**

**Were a little different. Just try us.**

Go online at [www.northshoresportsplex.com](http://www.northshoresportsplex.com) for additional information and registration.

---

Northshore Sportsplex . 278 General Patton Ave. Suite 500 . Mandeville La 70471  
985-773-4185 . [www.northshoresportsplex.com](http://www.northshoresportsplex.com) . email nsbbtc@yahoo.com